



SINA INSTITUTE OF NURSING AND ALLIED HEALTH SCIENCES QUETTA

ADDRESS: DOCTOR SHAIR MUHAMMAD ROAD QUETTA

✉Email:sinahsquetta75@gmail.com

☎PHONE: 0311-8013611

PEDIATRIC ASSESSMENT SHEET

Identification data:

Patient Name _____

Age: _____ Sex: _____

Ward: _____ Address: _____

D.O.A _____ Diagnosis: _____

Consultant In-Charge: _____

Information R/T Parents:

Chief Complain:

Name	Age	Education Level	Occupation
Mother's Name:			
Father's Name:			

✓ At the Time of Admission:

✓ At The Time of Assessment:

History of present illness:

History of Past illness:

Family History:

Birth History:

PRENATAL

INTRANATAL

POSTNATAL

Immunization:



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Nutrition and Diet:

DEVELOPMENTAL MILESTONE

✓ Gross motor milestone:

Age	Milestones	About Child
3 Months	Neck Holding	
5 Months	Roll over	
6 Months	Sits in tripod fashion	
8 Months	Sitting with support	
9 Months	Stands with support	
12 Months	Stands without Support	
15 Months	Walk alone and creeps upstairs	
18 Months	Runs	
2 Year	Walk up & down stair	
3 Year	Rides Tricycles	
4 Year	Alternate feet going upstairs	
5 year	Alternate feet going downstairs	

FINE MOTOR MILESTONE

Age	Milestones	About Child
4 Months	Bidextrous reach	
6 Months	Unidextrous reach, Transfer objects	
9 Months	Immature Pincer Grasp	
12 Months	Mature pincer Grasp	
15 Months	Tower of 2 Blocks	
18 Months	Tower of 3 Blocks	
2 Year	Tower of 6 Blocks	
3 Year	Tower of 9 Blocks	
4 Year	Copies cross, bridge with block	
5 Year	Copies Triangle gate with block	



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Social and Adaptive Milestones

Age	Milestone	About Child
2 Months	Social Smile	
3 Months	Recognize mother	
6 Months	Stranger Anxiety	
9 Months	Waves bye” bye”	
12 Months	Come When called	
18 Months	Copies of talks	
2 Year	Ask for food, drink and toilet	
3 Year	Knows full name and Gender	
4 Year	Goes to Toilet Alone	
5 Year	Can dress and Undress	

LANGUAGE MILESTONE

Age	Milestone	About Child
1 Month	Alerts to sound	
3 Month	Coos (musical vowel Sound)	
4 Months	Laugh Loud	
6 Months	Monosyllabus (ba, ma, da)	
9 Months	Bisyllabus (baba, mama, dada)	
12 Months	1-2 words with meaning	
18 Months	8-10 words vocabulary	
2 Year	2-3 word sentences	
3 Year	Ask Question	
4 Year	Says song or Poem, tells story	
5 Year	Asks Meaning of Words	

GENERAL PHYSICAL EXAMINATION

Vital signs:

Parameter	Normal	1 st hour	2 nd Hour	3 rd Hour
Pulse				
Resp				
B.P				
Temp				
Spo2%				

Anthropometry:

Parameters	Patients Value
Weight	
Height	
Head circumference	



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Chest circumference	
Mid-arm circumference	
Body Mass Index	

SYSTEM WISE ASSESSMENT

Neurological system:

Respiratory system:

Cardiovascular system:

GIT system:

Musculoskeletal System:

Immunological system:

Integument system:

Genitourinary system:

Gynecological system:

Endocrine system:

Lymphatic system:

Student Name _____ Batch _____ Semester _____

Session _____ Date _____ Faculty Name _____

Student Sign _____ Teacher Sign _____