



Portfolio Pattern for BS Nursing Students – Pediatric Nursing

A portfolio for Pediatric Nursing should showcase a student's learning, clinical skills, and professional growth. Below is a structured pattern for creating an effective portfolio:

Title Page

Student's Name

Registration Number

Batch & Session

Institute Name (SINA Institute of Nursing and Allied Health Sciences, Quetta)

Course Name: Pediatric Nursing

Instructor's Name

Submission Date

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1. Introduction

Briefly introduce Pediatric Nursing and its importance.

Explain the purpose of the portfolio.

2. Learning Objectives

Understanding growth and development in children.

Learning pediatric assessment and care techniques.

Managing common pediatric diseases.



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Developing communication skills with children and families.

3. Clinical Rotations & Case Studies

Hospital Name & Ward Details

Dates of Clinical Posting

Patient Case Studies (Minimum 3) the disease specify with image and definition

Chief Complaint

History Taking

Nursing Diagnosis

Interventions & Outcomes

4. Skills Logbook

(A record of skills practiced during clinical rotations)

Skill	Date Practiced	Supervisor Signature
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Pediatric Vital Signs Monitoring	DD/MM/YYYY	✓
Medication Administration	(Oral, IV, IM) DD/MM/YYYY	✓
Nasogastric Tube Feeding	DD/MM/YYYY	✓
Vaccination Administration	DD/MM/YYYY	✓
Growth Monitoring (Weight, Height, Head Circumference)	DD/MM/YYYY	✓
Pediatric CPR	DD/MM/YYYY	✓

5. Reflective Journal

Daily Reflection on Clinical Practice

Challenges Faced

Lessons Learned

Areas for Improvement

According to Gibbs reflective Cycle

6. Evidence-Based Practice

Latest Guidelines on Pediatric Care

Prepared By: Abdul Salam Kakar (Meerzai) Managing Director / Academic Director



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Summary of One Research Article Related to Pediatric Nursing

7. Assignments & Presentations

PowerPoint Presentations on Pediatric Diseases

Written Assignments on APA 7th Edition Topics like:

Neonatal Care

Childhood Immunization

Pediatric Emergencies

8. Self-Assessment & Feedback

Strengths and Weaknesses

Feedback from Instructors and Clinical Preceptors

09. Conclusion & Future Goals

Summary of Learning

Plans for Continuing Professional Development

Appendices

Certificates of Participation

Photographs from Clinical or Community Activities

Any Other Supporting Documents



Portfolio Pattern for BS Nursing Students – Critical Care Nursing

A Critical Care Nursing portfolio should highlight a student's theoretical knowledge, clinical experiences, skills, and reflections during their critical care rotations. Below is a structured format:

Title Page

Student's Name

Registration Number

Batch & Session

Institute Name (SINA Institute of Nursing and Allied Health Sciences, Quetta)

Course Name: Critical Care Nursing

Instructor's Name

Submission Date

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9.	Conclusion & Future Goals	

1. Introduction

Define Critical Care Nursing and its importance.

Explain the purpose of the portfolio and its relevance to clinical practice.

2. Learning Objectives

Understanding intensive care unit (ICU) protocols.

Mastering advanced nursing interventions for critically ill patients.

Developing critical thinking and decision-making skills.



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Enhancing communication with the healthcare team and patient families.

3. Clinical Rotations & Case Studies

Hospital Name & ICU/Ward Details

Dates of Clinical Posting

Patient Case Studies (Minimum 3) the disease specify with image and definition

Chief Complaint

History Taking

Nursing Diagnosis

Interventions & Outcomes

4. Skills Logbook

(A record of advanced nursing skills practiced in the ICU)

Name the procedure

5. Reflective Journal

Daily Reflection on ICU Experience

Challenges Faced

Critical Situations Encountered

Lessons Learned

Areas for Improvement

6. Evidence-Based Practice

Latest Guidelines on Critical Care Management

Summary of One Research Article Related to ICU Nursing

7. Assignments & Presentations

PowerPoint Presentations on ICU Topics

Shock Management

Written Assignments on APA 7th Edition:

Multi-Organ Failure

ICU Infection Control Protocols

8. Self-Assessment & Feedback

Strengths and Weaknesses in Critical Care Nursing

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Instructor's Feedback and Areas of Improvement

9. Conclusion & Future Goals

Summary of ICU Learning Experience

Plans for Specialization in Critical Care

Appendices

Certificates (BLS, ACLS, Workshops Attended)

Photographs from ICU Training (If Permitted)

Any Other Supporting Documents



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Portfolio Pattern for BS Nursing Students – Adult Health Nursing

A portfolio for Adult Health Nursing should highlight a student's clinical experiences, skills, learning outcomes, and reflections on patient care in adult medical-surgical settings. Below is a structured format:

Title Page

Student's Name

Registration Number

Batch & Session

Institute Name (SINA Institute of Nursing and Allied Health Sciences, Quetta)

Course Name: Adult Health Nursing

Instructor's Name

Submission Date

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1. Introduction

Define Adult Health Nursing and its significance in patient care.

Explain the purpose of the portfolio and how it reflects clinical learning.

2. Learning Objectives

Understanding common medical and surgical conditions in adults.



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Developing patient assessment and nursing intervention skills.

Enhancing critical thinking and decision-making in adult patient care.

Improving communication and teamwork in healthcare settings.

3. Clinical Rotations & Case Studies

Hospital Name & Ward Details (Medical/Surgical, Orthopedic, Cardiology, etc.)

Dates of Clinical Posting

Patient Case Studies (Minimum 3) the disease specify with image and definition

Chief Complaint

History Taking

Nursing Diagnosis

Interventions & Outcomes

4. Skills Logbook

(A record of essential nursing skills practiced in adult healthcare settings)

5. Reflective Journal

Daily Reflection on Clinical Practice

Challenges Faced

Patient Care Experiences

Lessons Learned

Areas for Improvement

6. Evidence-Based Practice

Latest Guidelines on Adult Patient Care

Summary of One Research Article Related to Adult Health Nursing

7. Assignments & Presentations

PowerPoint Presentations on Adult Health Topics

Written Assignments on:

Diabetes & Hypertension Management

Written Assignments on APA 7th Edition:

Post-Surgical Nursing Care

Pain Management in Adults



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8. Self-Assessment & Feedback

Strengths and Weaknesses in Adult Health Nursing

Instructor's Feedback & Areas of Improvement

09. Conclusion & Future Goals

Summary of Clinical Learning Experience

Plans for Professional Growth & Specialization

Appendices

Certificates of Participation (Workshops, Seminars, etc.)

Photographs from Clinical or Community Activities (If Allowed)

Any Other Supporting Documents





Portfolio Pattern for BS Nursing Students – Mental Health Nursing

A Mental Health Nursing portfolio should document the student's experiences, skills, reflections, and learning in psychiatric and mental health care settings. Below is a structured format:

Title Page

Student's Name

Registration Number

Batch & Session

Institute Name (SINA Institute of Nursing and Allied Health Sciences, Quetta)

Course Name: Mental Health Nursing

Instructor's Name

Submission Date

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1. Introduction

Define Mental Health Nursing and its role in patient care.

Explain the purpose of the portfolio and how it documents clinical learning.

2. Learning Objectives

Understanding common psychiatric disorders and treatments.



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Developing therapeutic communication skills.

Learning mental health assessment techniques.

Enhancing crisis intervention and de-escalation skills.

3. Clinical Rotations & Case Studies

Hospital Name & Psychiatric Ward Details

Dates of Clinical Posting

Patient Case Studies (Minimum 3) the disease specify with image and definition

Chief Complaint

History Taking

Mental Status Examination (MSE)

Nursing Diagnosis

Interventions & Outcomes

4. Skills Logbook

(A record of essential skills practiced in psychiatric nursing)

5. Reflective Journal

Daily Reflection on Clinical Practice

Challenges Faced

Patient Care Experiences

Lessons Learned

Areas for Improvement

6. Evidence-Based Practice

Latest Guidelines on Mental Health Care

Summary of One Research Article Related to Mental Health Nursing

7. Assignments & Presentations

PowerPoint Presentations on Mental Health Topics

Written Assignments on APA Style 7th Edition:

Depression & Anxiety Management

Schizophrenia & Bipolar Disorder Care

Role of Psychiatric Nurses in Suicide Prevention



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8. Self-Assessment & Feedback

Strengths and Weaknesses in Mental Health Nursing

Instructor's Feedback & Areas of Improvement

9. Conclusion & Future Goals

Summary of Clinical Learning Experience

Plans for Further Education & Specialization

Appendices

Certificates of Participation (Workshops, Seminars, etc.)

Photographs from Clinical or Community Activities (If Allowed)

Any Other Supporting Documents

