

SINA INSTITUTE OF NURSING AND ALLIED HEALTH SCIENCES QUETTA

ADDRESS: DOCTOR SHAIR MUHAMMAD ROAD QUETTA

✉ Email: sinahsquetta75@gmail.com

☎PHONE: 081-2241593 - 0311-8013611





Recognition & Affiliation

Recognized with

Pakistan Nursing Council

Affiliated with

University of Balochistan

Partnered with

Pakistan Education Endowment Fund

Affiliated Hospitals

- **Sheikh Mohammed Bin Zayed Al-Nahyan Institute of Cardiology Quetta**
- **Trauma Emergency Department Jinnah Road Quetta**
- **Bolan Medical Complex Hospital Quetta**
- **Sandeman Provincial Hospital Quetta**
- **Balochistan Institute of Psychiatric and Behavioural Sciences Quetta**
- **Sheikh Kalifa Bin Zayed Al Nayan Medical Complex Quetta**

SINAHS



CONTENTS:

INTRODUCTION:

Vision
Mission
Goal

MESSAGES:

Vice Chancellor University of Balochistan
Registrar University of Balochistan
Controller Examination Nursing Board
Managing Director
Principal
Administration Director

BOARD OF ACADEMIC COUNCIL:

Sir, Abdul Salam Kakar
Sir, Suleman Jacob
Sir, Rehmat Ullah
Sir, Adnan George
Mis, Razia Sultana
Sir, Rizwan Bashir
Sir, Aman Ullah

PROGRAM OFFERED:

Generic BSc Nursing 4 Years Program
BSc Nursing POST RN BSN 2 Years Program
Anaesthesia Post basic Specialization in Nursing 01 Year Program

FACILITIES FOR STUDENTS:

Fundamental of Nursing Skill Lab
Health Assessment Skill Lab
Anatomy & Physiology Skill Lab
Biochemistry Lab
Microbiology Lab
Computer Lab
Central Library
Multipurpose hall
Gym
Cafeteria
Clinical in Hospitals
Community Visits
Nursing Seminars

CO-CURRICULAR ACTIVITIES:

Sports Day
Cultural Day
Annual Trip
Independence Day

INTRODUCTION:

SINA INSTITUTE OF NURSING & ALLIED HEALTH SCIENCES QUETTA

is a first private sector college of Generic BS Nursing is located at the Jinnah road link Shair Muhammad Road Quetta within the premises of Sandeman Provincial Hospital Quetta. Institution's building and atmosphere are hallmark of sound academic environment in the serene valley of Quetta. Quetta is the capital of Balochistan, the largest province of Pakistan. Balochistan has a rich cultural heritage and is blessed with immense natural resources. In the pre-partition era, Quetta was known as little London, because of its beauty, cleanliness and orchards. The city in the present day has been changed into a centre of education, trade, commerce and business, as well as political hub of the province.

The valley of Quetta is situated at an altitude of 5,500 feet above sea level. Visitor's attractions like Hanna Lake, Urak Valley, Spin Tangi Shahban and Ziarat are located close to Quetta.

Establishment of SINAHS has marked the beginning of a new era of advanced nursing and Allied Health Sciences education in the province. The institute was envisaged as project to enhance medical training facilities in the region, at undergraduate level. SINAHS is committed to address pivotal issues of health care and impart quality education to student, reflecting principles of humanity dedication, compassion and selfless service. The college draws upon the strength of TEDSPH BMCH & SKBZAN which are the largest Tertiary Care Centers in the region.

SINAHS with latest technology, equipments and facilities will respond to the learners of new as well as present generation, in an efficient manner. The need for competent delivery of curriculum, effective training, and focused research in Nursing, Midwife and AHS profession will be accomplished by establishing SINAHS.

Social Benefits of SINAHS:

1. Nursing, Midwifery and AHS leaders will get opportunity to redefine the Essence of Nursing, Midwifery and AHS profession.
2. Creation of a network and inter professional collaboration in multiple program.

3. Innovative ways of care delivery and research utilization by instilling it into graduates.
4. Educational facilities and infrastructure will boost up the confidence in Nurses, Midwives and AHSP and encourage secondary school graduates to choose a Nursing, Midwifery and AHS as career on priority.
5. SINAHS will help students to connect globally, exchange program on national and international Level and cultural exchange.
6. SINAHS will take up the Nursing, Midwifery and AHS to the next level.

MOTTO

“SERVE THE NATION BY HEALTH EDUCATION”

GOALS

1. Create comprehensive environment that reflects the mission, vision, and values of the Institution.
2. Develop and implement high quality, innovative graduate education.
3. Promote inter professional research and evidence-based practice.
4. Provide leadership in the transformation of different and complex roles with the keenness to serve the nation.

OBJECTIVES

1. Integral to professional skills and higher education mission of the SINAHS.
2. Position the SINAHS as a leader in Nursing Midwifery and AHS education (teaching& learning), professional skills and research.
3. Coordinate state wide Nursing, Midwifery and AHS activities as possible.
4. Conduct interdisciplinary research on best practice and quality outcomes that brings together all of the perspective and expertise of the system.
5. Focused on creating an environment which is productive for learning and boosting up the confidence.



Dr. Zahoor Ahmed Bazai

Vice Chancellor University of Balochistan

Welcome to University of Balochistan! We are happy to have you join the UOB family. As you begin your academic career, you are embarking on a path full of promise and hope. The division of student life is committed to working with you and challenging you on this wonderful journey to take full advantage of the opportunities you will find at this great institution.

We are dedicated to meeting the needs of all students. We have committed faculty and outstanding staff, a beautiful campus and an atmosphere conducive to your academic goals. Students are most successful in the university setting if they make connections. Whether you are planning to commute or stay on campus, getting involved in student life will take you a step further in your journey.

Walk the campus, ask questions, meet faculty and staff, and learn all you can about your university. Study hard, get involved and have fun. These are the best of times for you. We are here to help in any way we can. We hope you reach all of your goals and realize all your dreams.

I'll see you around campus.

SINAHS



Mr. Muhammad Tariq Jogezi

Registrar University of Balochistan

Dear students!

Develop a sound sense of discipline, character, initiative and a solid academic background. You must devote yourself wholeheartedly to your studies, for that is your first obligation to yourselves, your parents and to the State. You must learn to obey for only then you can learn to command,

Every day, lawyers and legal professionals make a real difference in people's lives. Our society looks to the legal profession for leadership in working through many of the most difficult issues that we face: balancing values of liberty and privacy against the need for security, establishing equality against a history of discrimination, ensuring the fairness of markets and safeguarding our economy, protecting the environment in the face of climate change, preserving free expression and religious liberty,

I urge you to learn more about the unique opportunities available at our partner institute **SINAHHS**. Tour the campus, virtually sit in a class and meet the people that will help you make your concept clear and help to achieve your goals.



Director Nursing Balochistan

Ms. Kalsoom

I believe that it is important for our students to be connected with positive relationships and a strong sense of community. I believe that every student can learn and be successful if provided with the right supports and opportunities. Our teachers and staff should be committed to providing all students with an appropriate and challenging educational experience in a respectful environment that fosters learning and growth.

A crucial part of success for students is attendance. As a parent or guardian, it is essential for them to maintain an attitude that “everyday counts” for students to be in school and ready to learn each day.

Parents/guardians play the most important roles in a students’ success we need to assist in helping parents and families understand the importance of instructional time and school attendance. Additionally, we recognize that family and community support are essential to our success.

SINAHS



Mr. Abdul Salam Kakar (Meerzai)
Managing Director

Changes in the health care environment are impacting professional nursing practice in a variety of settings and providing new opportunities for expanding the role and function of a nurse. Professional nurses will need to balance clinical outcomes, functional outcomes, quality of care, patient satisfaction and financial outcomes in traditional and non-traditional settings for rendering quality patient care. We strongly believe that the nursing students are responsible and accountable for quality nursing practice thus they need to be appropriately trained, oriented and directly supervised by qualified and experienced faculty. At SINAHS we are committed to provide every facility for learning by the students.

The aim of this institute is to prepare professionally competent and qualified nurses to be at the forefront of new advancements in the field of health care, administrative field and research. The institute emphasizes on all round development of the students to make them well cultured and civilized human beings of the society.

I Believe in quality, creativity and discipline, we are trying and struggling to maintain this motto and zero tolerance for the breach, We are committed to change the trend of concept of education in province and country.



Miss. Naheed Akhtar

Principal

SINAHS Institute of Nursing and Allied Health Sciences Quetta is the pioneer private sector nursing college in Quetta which is offering Generic B.Sc. Nursing, Post RN and Anesthesia Specialization.

The Institute has been projected to promote advance nursing education, professional development and quality of care in Balochistan. The institute believes that B.S Nursing program will train the graduates to render quality nursing care which is scientifically sound and evidence based in the health care practice at the Institutional level and community out Reach programs.

SINAHS Institute of Nursing and Allied Health Sciences Quetta has an elegant infrastructure with well-equipped classrooms and basic facilities. We are proud of our strong team of trained, dedicated and committed faculty members. The institute also focuses on the ethical, social and cultural grooming of students.

I welcome all those talents to join SINAHS fraternity to satisfy their keen interests for study of nursing education and secure their bright future.



Mr. Aman Ullah

Director Administration

The role of educational institutes should bring about academic excellence, character building, teach unconditional respect, discipline and impart unquestionable ethics so that each student stands with unshakeable integrity, courage and honour. By the grace and benevolence of Allah the Almighty, SINAHS is fulfilling most of objectives

The college administration and the staff performance with targeted goals and clear vision focused on the path of high achievements in academics, extracurricular and community services. All these are absolutely aligned with core values of moral and ethics.



SINA INSTITUTE OF NURSING & ALLIED HEALTH SCIENCES QUETTA

ADMINISTRATORS

S/No	Name	Qualification	Designation
1	Mr. Abdul Salam Kakar	BS(IT) M.A IR	Managing Director
2	Mr. Aman Ullah	DPT, M.A P Scs	Admin Director

ACADEMIC STAFF

S/No	Name	Qualification	Designation
01	Miss. Naheed Akhtar	MSN	Principal
02	Sir. Suleman Jacob	MSN	Vice Principal
03	Sir. Adnan George	G-BSN	Lecturer
04	Mr. Imtiaz Hussain	G-BSN	Lecturer
05	Mr. Rizwan Bashir	G-BSN	Lecturer
06	Mr. Jahanzaib Khan	G-BSN	Lecturer
07	Mr. Meerwais Khan	G-BSN	Lecturer
08	Mr. Qaisar Khan	M.A English	Lecturer
09	Dr. Masooma	Pham (D)	Lecturer
10	Miss. Syeda Hira Shamsi	BS Lab Technology	Lecturer
11	Miss. Hazra Jabeen	Msc. Lib sciences	Librarian
12	Mr. Muhammad Maad	BS (IT)	Lecturer

PROGRAM OFFERED

1. Bachelor of Science in Nursing (G-BSN)

2. B.Sc. in Nursing (Post RN BSN)

3. Specialization in Anaesthesia (Nursing)

Bachelor of Science in Nursing 4 Year Degree Program (G-BSN)

Higher Education Commission recognized teaching faculty is providing their services to promote better understanding of nursing knowledge among students through,

- a. Presentation/Assignment/Seminar
- b. Tutorials
- c. Skill based labs
- d. Projects
- e. Clinical Practice (Supervised/Independent)

CLINICAL TRAINING:

- Students of SINA have an exclusive advantage to be a part of an organization with large setup of tertiary care hospitals. The clinical training provides a better chance of learning and practicing the skills in the field. Hence, prepares future nurses to play an important role in the improvement of healthcare quality in society. Students of 2nd, 3rd and 4th year professionals may complete their clinical training and as well their one year clinical internship at Trauma Emergency department Bolan Medical Complex, Sandeman Provincial Hospital and Sheikh Zayed Hospital Quetta, Sheikh Mohammed Bin Zayed Al-Nahyan Institute of Cardiology Quetta, Balochistan Institute of Psychiatric and Behavioural Sciences Quetta. **(One Year Clinical Internship not financially supported from college Side)**

SEMESTER SUMMARY:

NURSING SUBJECTS:

- ❖ Fundamental of Nursing
- ❖ Adult Health Nursing
- ❖ Community Health Nursing
- ❖ Health Assessment
- ❖ Paediatric Nursing
- ❖ Mental Health Nursing
- ❖ Critical Care Nursing
- ❖ Nursing Theories
- ❖ Leadership and Nursing Management
- ❖ Nursing Seminar

❖ Nursing Elective

❖ Nursing Ethics

❖ Applied Nutrition in Nursing

BASIC SCIENCES:

❖ Anatomy

❖ Physiology

❖ Biochemistry

❖ Microbiology

HEALTH SCIENCES:

❖ Pharmacology

❖ Pathophysiology

SOCIAL SCIENCE:

❖ Developmental Psychology

❖ Behavioural Psychology

❖ Culture/Health/Society

COMPULSORY SUBJECTS:

❖ English

❖ Pakistan studies

❖ Introduction to Computers

❖ Islamiat

❖ Mathematic

RESEARCH:

❖ Nursing Research

❖ Introduction to Biostatistics

❖ Epidemiology

ADMISSION POLICY:

Bachelor of Science in Nursing (G-BSN) is a 4 Year semester based degree program which is open to Pre-Medical students with minimum of 50% marks.

All Candidates will be selected on merit, according to the following criteria:

- | | |
|---------------------|-----|
| a. SSC Marks | 20% |
| b. HSC Marks | 20% |
| c. Entry Test Marks | 40% |
| d. Interview | 20% |

FEE STRUCTURE

Admission and Semester Fees

Particulars	Fees
1 st Semester	100,000
2 nd Semester	100,000
3 rd Semester	110,000
4 th Semester	110,000
5 th Semester	120,000
6 th Semester	120,000
7 th Semester	130,000
8 th Semester	130,000
Total Fee	Rs/9,20000

Other Charges

Fee Category	Amount	Frequency
Admission Fees	70,000	One Time
PN&MC PRE-Registration Fees	2000	One-Time
Library Fees	20,000	One-Time
LAB's Fees	30,000	One-Time
University Registration & Renewal Fees	15,000	One-Time
Examination Fees Per Semester (Total 8 th Semester)	10,000	Per Semester

Grand Total:

11, 37,000

Fee Payment Policy

1. At the time of admission, every student must deposit the **Admission Fee** along with the **First Semester Fee**, **Library Fee**, and **Laboratory Fee** as applicable.
2. All tuition fees and other institutional dues must be paid according to the prescribed fee schedule.
3. It is the responsibility of every student to ensure that **all outstanding dues are cleared before the commencement of the semester examination**.
4. Students with any outstanding fee or unpaid dues **will not be permitted to appear in the semester examination** until all dues have been fully paid.
5. The Institute reserves the right to withhold examination eligibility, academic results, transcripts, or other official documents until all financial obligations have been fulfilled.

BSc in Nursing (Post RN BSN)

Bachelor of Science in Nursing (POST RN BSN) 2 Years Degree Program

Higher Education Commission recognized teaching faculty is providing their services to promote better understanding of nursing knowledge among nursing professionals through,

- a. Presentation/Assignment/Seminar
- b. Tutorials
- c. Skill based labs
- d. Projects
- e. Clinical Practice (Supervised/Independent)

CLINICAL TRAINING

SINA Institute of Nursing and Allied Health Sciences Quetta is providing the clinical training for a better chance of learning and practicing the skills in the profession of nursing. Students of 1st & 2nd year professionals may complete their clinical training at Bolan Medical Complex, Sandman Provincial Hospital and Sheikh Zyed Hospital Quetta.

SEMESTER SUMMARY NURSING SUBJECTS

- ❖ Advance Concepts in Nursing
- ❖ Health Assessment
- ❖ Mental Health Nursing
- ❖ Introduction to Models and Theories
- ❖ Principle of Teaching and Clinical Preceptor Ship
- ❖ Professional Development and Ethics
- ❖ Clinical Practicum

Basic Sciences

- ❖ Biochemistry
- ❖ Pharmacology

RESEARCH

- ❖ Introduction to Nursing Research
- ❖ Introduction to Biostatistics
- ❖ Epidemiology
- ❖ Research/ Evidence Based Elective Project

COMPULSORY SUBJECTS:

- ❖ English
- ❖ Pak Studies
- ❖ Islamiat
- ❖ Computer Skill & Information Technology

ADMISSION POLICY

Bachelor of Science in Nursing (POST RN BSN) 2 Years Degree Program is a 4 semester based degree program which is open to general nurses having valid PNC registration.

All Candidates will be selected on merit, according to the following criteria:

- | | |
|---------------------|-----|
| a. Entry Test Marks | 40% |
| b. General Nursing | 40% |
| c. Interview | 20% |

FEE STRUCTURE

Particulars	1 st Year	2 nd Year
Admission Fees	60,000	
Tuition Fee	160,000	180,000
PN&MC PRE-Registration Fees	2000	
Library Fees	5000	5000
LAB's Fees	5000	
University Registration & Renewal Fees	15,000	
Examination Fees Per Semester	20,000	20,000
Admin Charges	15,000	
	282,000	205,000

Grand Total: 4,87,000

Specialization **in Anaesthesia (Nursing)**

Anaesthesia Nursing 01 Year Diploma Program:

Higher Education Commission recognized teaching faculty is involved to promote better understanding of nurses in the field of anaesthesia through,

- a. Presentation/Assignment/Seminar
- b. Tutorials
- c. Skill based labs
- d. Projects
- e. Clinical Practice (Supervised/Independent)

CLINICAL TRAINING:

SINA Institute of Nursing and Allied Health Sciences Quetta is offering one year Anaesthesia Nursing diploma program to achieve excellence in the field of anaesthesia. Students may complete their clinical training at Trauma Emergency Department Bolan Medical Complex, Sandeman Provincial Hospital and Sheikh Zyed Hospital Quetta.

ANNUAL SUMMARY:

NURSING SUBJECTS:

- ❖ Advance Concepts in Nursing
- ❖ Health Assessment
- ❖ Nursing Leadership and Management
- ❖ Respective Discipline/Specialty

RESEARCH

- ❖ Nursing Research
- ❖ Biostatistics

HEALTH SCIENCES

- ❖ Pharmacology
- ❖ Microbiology

COMPULSORY SUBJECTS:

- ❖ English
- ❖ Computer

ADMISSION POLICY:

Anaesthesia Nursing is one year diploma program which is open to general nurses having valid PNC registration.

- ❖ One Year Midwifery Diploma for female Candidates
- ❖ Three Years General Nursing Diploma for Male Candidates

All Candidates will be selected on merit, according to the following criteria:

- a. Entry Test Marks 40%
- b. General Nursing 40%
- c. Interview 20%

FEE STRUCTURE

Anaesthesia Nursing is one year diploma program	Fees
Admission Fees	20,000
Annual Fees	120,000

Facilities for Students

Fundamental of Nursing Skill Lab



Health Assessment Skill Lab



Anatomy & Physiology Skill Lab



Biochemistry Lab



Microbiology Lab



Computer Lab



Community Visits

BHU



Dairy Farm



Drugs and Rehabilitation Centre



Sewerage System



Sewerage System



Slaughter House



Central Library



Internship Student



Examination Hall



Internship Student



Clinical at Hospital



Co-Curricular Activities

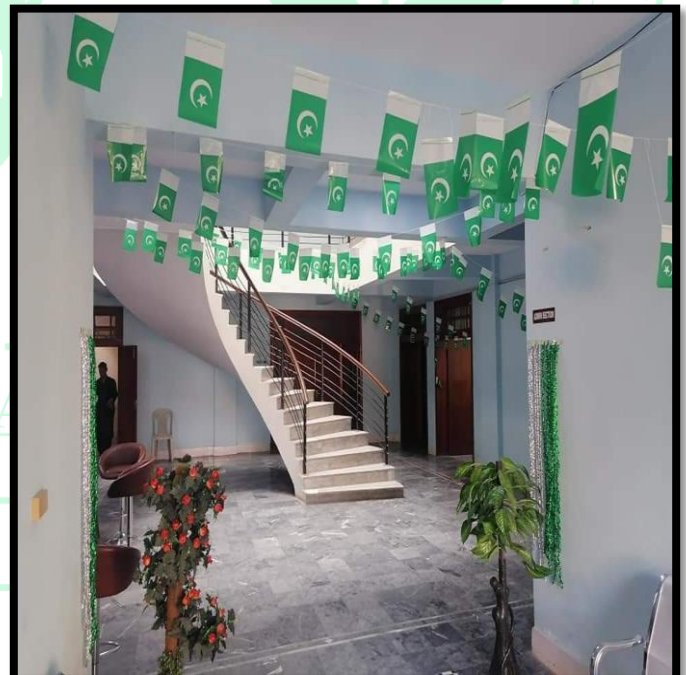
Annual Trip



Cafeteria



Independence Day



CONTACT INFORMATION

EMAIL

Sinahsquetta75@gmail.com

Web

www.sinahs.com.pk

Facebook

<https://www.facebook.com/profile.php?id=100091966796207&mibextid=ZbWKwL>

YouTube

<https://youtube.com/@sinanursingcollegequetta1313?si=mmQpuGR5XU8aw6Kl>

Telephone / Whatsapp

0311-8013611-0317-8775731

LOCATE US

Jinnah Road link Shair Mohammad Quetta.